



City of Le Sueur Parks & Recreation Department & Le Sueur-Henderson Community Education

FALL 2016

City of Le Sueur Parks and Recreation &
Le Sueur-Henderson Community Education
821 East Ferry Street, Le Sueur, MN 56058

Le Sueur Parks & Recreation 665-3325 www.cityoflesueur.com
Le Sueur-Henderson Community Education 665-4620 www.ISD2397.org



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www.facebook.com/lshcommunityeducation

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Le Sueur, MN 56058

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Welcome

to Le Sueur-Henderson Community Education and the City of Le Sueur Parks and Recreation

Le Sueur Community Center/ Le Sueur-Henderson Community Education Hours

Fall Hours (After school starts but before hockey starts Sept.)

Monday	8:00 am - 8:00 pm
Tuesday	8:00 am - 8:00 pm
Wednesday	8:00 am - 8:00 pm
Thursday	8:00 am - 8:00 pm
Friday	8:00 am - 4:00 pm
Saturday	12:30 pm - 5:00 pm
Sunday	Closed

Fall/Winter (After hockey starts Oct.- Feb.)

Monday	8:00 am - 9:00 pm
Tuesday	8:00 am - 9:00 pm
Wednesday	8:00 am - 9:00 pm
Thursday	8:00 am - 9:00 pm
Friday	8:00 am - 9:00 pm
Saturday	8:00 am - 9:00 pm
Sunday	10:00 am - 8:00 pm

Le Sueur-Henderson Community Education / Le Sueur Parks & Recreation Staff

Layne Wilbright, Park & Recreation/Community Education Director, 665-3325 lwilbright@cityoflesueur.com

Jenny Trimbo Park & Rec. Administrative Assistant, 665-3325 jtrimbo@cityoflesueur.com

Becki Hawkins, Adult Basic Education, Coordinator, 665-4625 rhawkins@isd2397.org

Karyl Engel, Early Childhood Family Education/Little Giants Preschool Coordinator, 665-4631 kengel@isd2397.org

Pat Willaert, Community Ed. Administrative Assistant, 665-4621 pwillaert@isd2397.org

Melissa Goettl, Kids' Club Coordinator, 612-756-2136 mgoettl@isd2397.org

Tom Gerlich, Park and Rec. Maintenance Supervisor tgerlich@cityoflesueur.com

We are looking for YOU!

Community Ed. is looking for people interested in sharing their skills and talents as instructors and getting paid for it. Share your talents by teaching topics such as gardening, piano lessons, woodworking, scrapbooking, creative writing, fishing, or whatever interest or hobby you would like to share with others.

For more information on becoming a community education instructor, please call Community Ed. at (507) 665-4620.

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All activities require
payment upon registration.

We accept cash, check by mail or in our
office or credit card payments online, fax
or by phone.



5 Easy Ways to Register

- **24 hour On-Line Registration** – Register on-line at www.cityoflesueur.com with your Visa, Mastercard or Discover.
- **By Fax 24 hours** – (507) 665-2367 Fill out a registration form, include your Visa or Mastercard number and fax it to (507) 665-2367 (24 hours a day).
- **In Person** – Visit our office at 821 East Ferry Street, Le Sueur. See hours on next page.
- **By Mail** – Fill out the registration form and mail it with your check. Checks are made payable: City of Le Sueur. Mail to Community Education/Park & Rec. at 821 East Ferry Street, Le Sueur MN 56058.
- **By Phone** – 507-665-4620 or 507-665-3325 – Credit Card only
Register early! Many classes fill quickly, so early registration is encouraged. Registrations are taken on a first come first served basis until a class is full. Most registration deadlines are one week before the start of class. Decisions are made on the registration deadline to hold a class – register early!

Are You In? There will be no confirmation notices sent to you. Consider yourself registered for the class. You will be contacted ONLY if the class is full or cancelled. Please include your daytime phone number and e-mail address on your registration form.

Refund Policy — Community Education only. Refunds will be made only under the following conditions:

1. If your class is filled to capacity before your registration is received.
2. If your class is cancelled.
3. If you cancel your registration before the registration deadline – **However, you will be assessed a \$5 processing fee in this instance.**

From Superintendent Brian Gersich,

The mission statement for the Le Sueur-Henderson Public School District articulates our commitment to a unified focus on high student achievement. The 2015-16 school year was a challenge for our school community as we worked through some difficult financial planning and adjustments. That said, our dedicated team of education professionals kept our focus on student achievement and demonstrated our willingness to work together for the benefit of students. I can not say enough about the commitment and dedication of the entire Le Sueur-Henderson School Community and we thank everyone for their feedback, involvement and commitment to our schools.



Some examples of the work of our team this past year is having groups of educators meet regularly to review state education standards and collaboratively identify essential skills that students must learn in our courses and programs. Teaching professionals worked to clearly define what students should know and be able to do to be successful in their futures and these teams continue this work with a plan on revising our curriculum to align to the essential learner outcomes outlined above.

Through our developing professional learning communities, our teams are also regularly focused on instructional practices that assist students in learning. We have talented educators and know that by working together and learning from one another, we can continue to develop our best practices that show evidence of student gains and learning. Many of these instructional best practices come from our partnerships for and commitment to the Advancement Via Individual Determination (AVID) program. This past summer, thanks to a grant and our partnership with MSU, we were fortunate to have sent 12 LS-H staff members to attend AVID training in Minneapolis.

There are amazing things happening in the Le Sueur-Henderson Public Schools!

Early Childhood Family Education

- **ECFE** is a program for all families with children between the ages of birth and kindergarten.
- **ECFE's Mission** is to strengthen families through support and education by providing an environment for healthy growth and development of families.
- **ECFE's Philosophy** is based on the belief that parents are the first and most important teachers for their children. ECFE recognizes and supports parents' understanding of their children as well as their parental roles.
- **ECFE includes:** Parent/child time, parent discussion groups, play and learn activities, special events for the entire family, field trips, day care visits, new baby visits all provided to help you meet the challenge of being a parent.
- **Where are ECFE Classes held?**
 - Park Elementary School, Le Sueur, Rooms 106 and 107
 - United Church of Christ in Henderson
 - Henderson Library

NOTE: The ECFE and Little Giants Preschool office is located at Park Elementary School in Room 123.

Early Childhood Screening

State law requires all children to participate in Early Childhood Screening before they may enter Kindergarten. Identifying possible concerns early is the best way to prevent serious problems later. Children turning three by September 1, will receive a letter of invitation to Early Childhood Screening which takes place each fall, winter and spring.

Early Childhood Screening provides an opportunity for parents to discuss concerns and find out about resources in the school and community.

Early Childhood Screening includes:

- health history and immunization assessment
- hearing and vision screening
- speech, developmental and fine and gross motor screening
- height and weight assessment
- summary interview with parents

Screening Dates: Oct. 14, 2016, Jan. 26, 2017, April 6 & 7, 2017



The Early Childhood Advisory Council makes a difference.....

We are looking for Advisory Council members to assist in planning and evaluation of the early childhood programs within District 2397. Be part of a team that makes a difference in the lives of children and families in Le Sueur and Henderson. If you are interested in serving on this council, call the Early Childhood office at (507) 665-4631.

Calling all babies, toddlers and preschoolers!

We need you on the district census! Being on the school district census ensures you will be notified about early childhood screening, that the elementary school will be expecting your child at kindergarten and that you will receive mailings from the Early Childhood Family Education program. Call (507) 665-4631 if:

- You are new to the area.
- Your family size has increased
- You have a child entering Kindergarten next fall who you believe is not on our census.
- Your child is three and has not received an invitation to Early Childhood Screening.

Early Childhood Family Education Staff

ECFE Coordinator

Karyl Engel

Child Specialists

Karyl Engel
Diane Bode
Catherine Goettl
Yvette Randall
Denise McGraw

Program Assistants

Renee Berger
Mary Anfinson
Heidi Hagen
Ginger Nesbit

Early Childhood Family Education

Fall Harvest Extravaganza

Come join us for an evening with a fun-filled Fall Harvest theme. There will be craft centers and hands-on activities all with a Fall Harvest/Halloween adventure. Of course there will be some of our famous get-messy projects. Feel free to come in costume.
A light supper will be available for \$1 per person.



Details

Thursday, October 27
 5:30 - 7:30 p.m.
 \$5 per child at door
 \$3 if paid in advance
 Hilltop Elementary School
 Pre-register by Oct. 20



Terrific Tuesdays (Ages 0-4)

Children and parents enjoy 90 minutes together with planned activities. There will be a short informal discussion time for parents and children are given a chance to explore.
 This is a non-separating class.

Details

Tuesdays, Sept. 27 - Dec. 6
 (10 weeks)
 No Class on October 18
 8:45 - 10:15 a.m.
 Park Elem. Room 107
 \$50
 Registration closes on Sept. 20



Fabulous Fridays (Ages 1-4)

Come join us for fun-filled Friday mornings. Parents can enjoy this time with their children doing crafts, singing songs and doing many age appropriate activities. Parents are given the opportunity to participate in discussion time, lead by a parent facilitator. There will be a new theme each week.

Details

Fridays, Sept. 23 - Dec. 16
 (10 weeks)
 No class, Oct. 21, Nov. 11 & 25
 Session 1 8:15 - 9:45 a.m.
 Session 2 10:00 - 11:30 a.m.
 Park Elem. Room 107
 \$50
 Registration closes on Sept. 16



Storyhour Henderson Library

Come and enjoy listening to some of the very best stories for children along with rhymes, music, puppets, fingerplays, and fun! It is a time of quiet listening and fun activities that will introduce children to reading and books. Children up to age 10 (parents may judge if their child will sit for stories). Parents must remain with their children during storyhour.

Details

Thursdays, Sept. 15 - Dec. 15
 (No Story Hour Oct. 20 & Nov. 24)
 9:30 - 10:00 a.m.
 Henderson Public Library
 *Free, no registration is required.

ECFE Fees

In order to keep our classes affordable for everyone, fees are based on the sliding scale to the right which takes into consideration income level. Please note that all fees are per child. A second child registering for the same class will pay half the fee. This does not include special events or field trips. When child care is offered, a separate fee will be charged.

**Class and child care fees are per child.
 Registration is required for all special events. Please note deadlines when registering for trips. For questions regarding upcoming classes or special events, please call our office at (507) 665-4631.
 **Fee for sibling care.

How to Register for ECFE in Le Sueur & Henderson:

- Visit or mail to the Community Education Office, 821 East Ferry Street, Le Sueur Phone (507) 665-4620
 - Need a copy of your child's immunization records by first day of class.
- All families are welcome to attend ECFE. No one will be denied participation due to inability to pay. To request a waiver, please contact the ECFE office at Park Elementary School or phone us at (507) 665-4631.

FAMILY INCOME (before taxes)

\$19,999 and below
 \$20,000-\$39,999
 \$40,000 and above

FEE

\$10 per child
 Half Fee per child
 Full Fee per child

We appreciate your support and thank you for being a part of our program.

Locate your gross family income category in the chart above and register for classes accordingly. Class fees can be found in this catalog next to the class description. Each additional child registering for the same class will pay half the determined class fee.

Little Giants Preschool

Little Giants Preschool

Le Sueur-Henderson Public Schools

For children ages 3 and 4 by September 1, 2016



What is Little Giants Preschool?

- Little Giants Preschool is a Parent Aware 4 Star Quality Rated Program.
- Little Giants Preschool is a public preschool program for children age 3 (as of Sept. 1) to Kindergarten enrollment. Little Giants provides preschool and other early childhood program opportunities to ALL children regardless of family income.

Our Mission

To provide educationally enriched experiences, helping to prepare all children for Kindergarten and life-long learning.

Our Goals

- To strengthen families by promoting partnerships between parents, staff, and the school; and supporting parents in their role as their child's first and most important teacher.
- Incorporate technology to enhance children's education and creativity.
- To guide children as they develop their physical, mental, social and cognitive potential.
- To ensure seamless transition between pre-school and Kindergarten.

Curriculum

Activities at Little Giants Preschool cross a variety of content areas including; math, literacy, science, social studies, music, art, health and nutrition. Our preschool is set-up for exploration and discovery. This environment provides opportunities to learn and grow socially, emotionally, physically and cognitively.

There are child-directed activities such as building with blocks, dramatic play, play dough, easel painting, a classroom writing center and more! Also included are teacher-directed activities such a circle time, calendar, stories, music and movement and small group learning activities in counting or number recognition, patterning classification pre-reading and writing, name recognition and alphabet games.

The ECFE and Little Giants Preschool office is located at Park Elementary School in Room 123.



Find us on Facebook at www.facebook.com/littlegiantslsh



Little Giant's Preschool

For children ages 3 and 4 by September 1, 2016

Option #1

Preschool 4-5 yr. olds
M, W, F All Day
\$200 per month
Available at Park Elem. only
Lunch is included

Option #2

Preschool 4-5 yr. olds
M, T, W, TH Afternoons
\$140 per month

Option #3

Preschool 4-5 yr. olds
M, W, TH Afternoons
\$110 per month

Option #4

Preschool 3 yr. olds
M & W Mornings
\$75 per month

Preschool sites at Park Elementary in Le Sueur and at United Church of Christ in Henderson.

Call 507-665-4620 or stop in at the Community Education Office at 821 East Ferry Street, Le Sueur, for registration information.

Driver Education Classroom & Behind the Wheel

Classroom

Dates: M-F Oct. 24, 25, 26, 27, 28
M-F Oct. 31, Nov. 1, 2, 3, 4
M-F Nov. 7, 8, 9, 10, 11

Note: There is no school at LSH on Mon. Oct. 31 and Fri. Nov. 11 but there will be Driver Ed Class.

Time: 3:15 - 5:15 p.m.

Age Limit: Must be 15 by the start of class.

Location: Le Sueur-Henderson High School, Room 245

Fee: \$325 Half due (\$162.50) at time of registration and the remainder due (\$162.50) at the end of classroom to be able to get blue card of completion.

Registrations close on Oct. 17

Minimum: 25, Maximum: 40

Classroom

Participants must be 15 at the time of the class. If too many students register, however, the oldest students will have priority. Also, attendance is important—only two absences are allowed. Registration forms are available at Le Sueur-Henderson High School, Minnesota New Country School and the Community Education office.

Classroom Instructor: Larry Hylarides is a Licensed driver education instructor.

Behind the Wheel Instructors: Larry Hylarides, Rick Bruns and Eric Lewis.

New State Law

A parent or guardian meeting will be held on Wed. Oct. 26 from 6:30 - 8:00 p.m. at the HS/MS in Room 245. Students do not attend.

Driver Education Requirements, Recommendations & Schedule

Behind the Wheel

- 30 hours of classroom instruction (must be 15 years old by first day of class), a prerequisite to behind-the-wheel.
- Student tests to obtain learner permit.
- Recommended that student practices basic driving skills with a parent.
- Students take 6 hours of behind-the-wheel instruction; observes another student driver for 6 hours; gets the certification of completion.
- 6 months after permit, students can get provisional driver's license at age 16.
- Classroom instruction typically starts in October, February, and June.
- Behind-the-wheel instruction is given primarily in the summer but also done year-round. For behind-the-wheel, call Community Education at 665-4620 to work out a driving schedule.

No Show Notice: Our instructors arrange their schedules on behalf of the students. If a student has a scheduled Behind the Wheel time arranged with a Driver's Education Instructor and the student doesn't show, there will be a \$20 fee paid to that instructor prior to any further driving time.

Dog Obedience

Dogs with obedience training make better family members. Learn the basic obedience such as heeling on leash, sit, down and stay. A six-foot leather or cotton leash



DO NOT bring dogs to the first class.

Please bring proof of vaccinations.

Instructor: Ruth Schwartz has trained dogs over 20 years and has assisted 4-H youth with their dogs in obedience, showmanship and agility. She also has been breeding dogs since 2006 and have raised a number of litters of puppies.

Details

Mondays, September 12, 19, 26, Oct. 3, 10 & 17 (6 weeks)

7:00 - 8:00 p.m.

Park Elementary School, Small Gym

\$50

Adult 55 Alive Driving Classes

Defensive Driving—An eight-hour course, this class is designed to help older persons improve their driving skills. Many insurance companies give a 10% premium discount after completion to people who are 55 and older. Bring driver's license and a pen.

Registrations close one week before class date.



Refresher—A four-hour course, this class is for people who have already taken the eight-hour defensive driving class and only need to renew their certificates. The refresher needs to be taken within three years of the longer course. Bring driver's license and a pen.

Registrations close one week before class date.

Instructor	Class type	Date	Time	Location	Fee
Anne Porter	4 Hr. Refresher	Monday, September 12	5:30 - 9:30 p.m.	Henderson Library	\$16
Anne Porter	8 Hr. Defensive	Monday, Oct. 10 & Wed. Oct. 12	5:30 - 9:30 p.m.	LSH HS/MS Room 102	\$16
Anne Porter	4 Hr. Refresher	Monday, November 14	5:30 - 9:30 p.m.	LSH HS/MS Room 102	\$16

Le Sueur Community Center Indoor Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30-7:30 am		Early Bird Adult Swim		Early Bird Adult Swim			
6:45-7:45 am	Water Walking		Water Walking		Water Walking		
8:00-9:00 am		Arthritis Aquatics 9:30-10:30		Arthritis Aquatics 9:30-10:30		Adult Lap Swim	
11 am-Noon	Adult Lap Swim		Adult Lap Swim		Adult Lap Swim		
1:00-4:00 pm						Open Swim	Open Swim
4:00-5:00 pm						Family Swim	Family Swim
5:00-6:00 pm	Adult Lap Swim	Swim Club 5:15-6:15	Adult Lap Swim	Water Walking 5:15-6:15			
6:00-7:00 pm	Water Walking & Water Polo	Deep Water Aerobics 6:30-7:30	Open Swim	Deep Water Aerobics 6:30-7:30			Open Swim
7:00-8:00 pm	Open Swim		Open Swim				Open Swim

PLEASE NOTE: Sunday Open Swim & Family Swim will be available when we start our extended hours



HEATED INDOOR POOL Housed within the Community Center is a six-lane pool, which is staffed for open swim, adult/lap swim, aquatic exercise classes, water walking, water polo, and learn to swim classes for both youth and adult learners. Daily fees or memberships apply the same as for other open activities. Children six and under are free with a paying adult/parent.



PRIVATE POOL PARTY

The Indoor Pool can be rented for Private Parties. It's good, healthy fun for young and old. Available during non-scheduled hours.

\$52.50/hour

(Each additional 25 people, \$10.50 per hour)

Private Swim Lessons



Youth or adult private swim lessons can be arranged according to the instructor's availability and the student's schedule. We do private lessons anytime of the year. You or your child will benefit from the individual lesson much better than a group lesson. If interested or have any questions please call the Le Sueur Community Center at 507.665.3325.

Fee: \$80.00 for 8- ½ hour lessons or 4-1 hour lessons.



NO SCHOOL OPEN SWIM 1-3PM

- Thursday, October 20, 2016
- Friday, October 21, 2016
- Monday, October 31, 2016
- Friday, November 11, 2016
- Friday, November 25, 2016
- Friday, December 23, 2016
- Monday, December 26, 2016
- Tuesday, December 27, 2016
- Wednesday, December 28, 2016
- Thursday, December 29, 2016
- Friday, December 30, 2016
- Monday, January 2, 2017
- Monday, January 16, 2017
- Monday, January 23, 2017
- Monday, February 20, 2017
- Friday, March 31, 2017
- Friday, April 14, 2017
- Monday, April 17, 2017



**CLIP
&
SAVE**



FLAG FOOTBALL WILL BE OFFERED FOR ALL 2ND, 3RD & 4TH GRADERS.

Flag football is designed to encourage skills for passing, catching, running and overall team play. Flag football is great exercise and fun activity for youth.

Practice Dates on Mondays : 9/12,9/19,9/26,10/3 and 10/10 from 5:45pm-6:45pm.

Where: Le Sueur-Henderson High School Practice Field, north of the high school

Cost: \$16, each player will receive a t-shirt

LSH High School Coaches and Players will teach skill development and game play the first 3 practices. Each player will have the opportunity to play each position and learn the passing tree of the football program. The final two practices will be 6 v 6 games.



5th & 6th Grade Girls Volleyball

The City of Le Sueur Parks & Recreation Department is offering 5th and 6th grade volleyball for girls. Players will learn the basics about the game of volleyball, develop skills & proper technique to assist them as they progress through the program. Teams will play Saturday mornings for league and end of the year tournament with neighboring communities. Practice starts in late August.

Fee: \$36.75 includes t-shirt to be worn at games.

Register by August 31,2016.

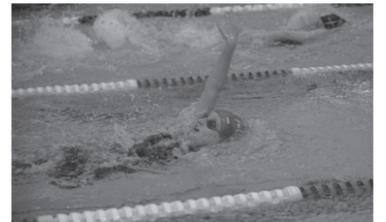
You can register anytime prior, just stop by the Community Center.



Youth Swim Club

It is time to take those skills you learned in swimming lessons and turn them into skills like Olympic swimmers! Our 6 week swim club program will work on enhancing your swimming skills while teaching you all about strokes, pulls, kicks, turns, and starts. We will start week 1 with skill testing to make sure that you are ready for swim club. Weeks 2 - 5 we will work hard on our swimming skills and week 6 we will have a swim meet to show off your swimming abilities. Class size limit is 25-sign up early! **** Must be able to swim at the American Red Cross Level 3 and be 7 years old.**

Day: Tuesdays 5:15-6:15 pm
Session 1: 9/13/16 - 10/18/16
Session 2: 11/1/16 - 12/6/16
Coach: Katie Erickson
Fee: \$26.25



CENTER STAGE DANCE

“providing a solid dance foundation in a warm and nurturing environment”.
Lessons held at the Le Sueur Community Center.

Diane and Troy Domine 507.364.8961 www.DanceWithCenterStage.com



TEEN EQUIPMENT ORIENTATION

Personal Trainer Kris Ann Krause will be showing attendees how to use the cardio machines, along with demonstrating proper lifting techniques for using the strength machines and free weights.

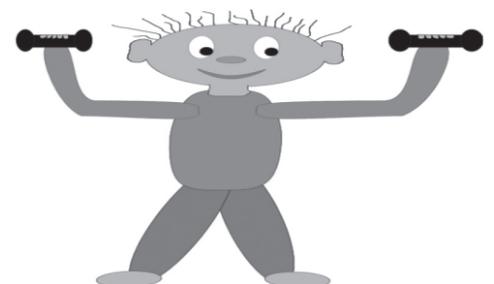
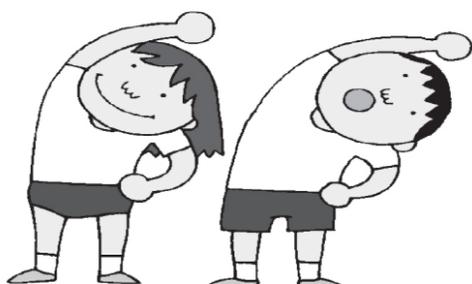
MUST BE 12 OR OLDER.

Choose one of the following dates:

September 21st 4-5pm

October 20th 10:30-11:30am(non-school day)

November 11th 10:30-11:30am(non-school day)



FREE—Limit to 10 participants per class—Call Le Sueur Community Center to register—665-3325

HALLOWEEN CARNIVAL



SATURDAY, OCTOBER 29th

11:00 am - 1:00 pm

VALLEYGREEN SQUARE MALL

BUY YOUR GAME TICKETS EARLY

AT THE COMMUNITY CENTER

(SAVE and avoid the long waiting



GAMES.....PRIZES.....CANDY.....ANIMAL BALLOONS.....

FACE PAINTING.....HAY RIDES and more!

Cookie Decorating - decorate your own
cookie

ALL AGES WELCOME!

**Wear a costume-get
a FREE game ticket!**



**Proudly sponsored by: City of Le Sueur Parks & Recreation,
ValleyGreen Square Mall Association, LSH Community Ed
and LSH National Honor Society and TARGET**

Youth

Learn to 3-D Print Ages 16 to Adult

Get hands on with a fun new technology. This two night class will teach you the basics for designing and printing your own 3D object on Makerbot and Flashforge printers.

Instructor: Nick Ryan a teacher at the Minnesota New County School

Details

Tuesdays, October 18 & 25

6:00 - 8:30 p.m.

Minnesota New County School, 210 Main Street, Henderson

\$20

Minimum: 2 Maximum: 9

Registrations close on Oct. 11



Brush-Bot Fun Grades 2-8

America's Fun Science presents a hands-on, electrical robotics class featuring Brush-Bots. Assemble your own individual Brush-Bot, then watch as Brush-Bots race each other to the finish line! Students will get to take their Brush-Bot home at the end of class.

Instructor: America's Fun Science

Details

Thursday, October 27

3:30 - 4:30 p.m.

Park Elem. School cafeteria

\$15

Minimum: 12 Maximum: 24

Registrations close on Oct. 20



LSH Youth Cross Country Beginner Running Program

Grades K - 6

LSH Youth Cross Country Clinic will introduce kids to the sport of cross country. Jeff Christ and the LSH cross country team will lead students through a proper warm-up and also focus on efficient running technique. Children will have the opportunity to learn various techniques and preparation for distance running and the class will train for a 1k race as part of the Giant Invitational Cross Country Meet on October 4.

Instructors will be Jeff Christ and the LSH cross country team members.

Details

Wednesdays, September 7, 14, 21 & 28

4:45 p.m. - 5:30 p.m.

Soccer fields at Park Elementary. (by playgrounds)

\$10 (includes t-shirt)

The Youth 1k race will be held at our home LSH Varsity Cross Country Meet on Tuesday, October 4, at the Ney Center.

Runners should wear comfortable clothing and tennis shoes. Bring a water bottle.



Emoji Pillow Making Ages 8-16

Have you ever used those tiny little faces that are found on your phone when messaging? Well, many of us use them all the time. They're called emojis. If you use them, then this emoji pillow will be great for you! There are hundreds of unique emojis and wouldn't it just be awesome if you could do something else with them rather than just use them in your phone.

All materials supplied.

Instructor: Melissa Goettl with Youth Opportunitites

Details

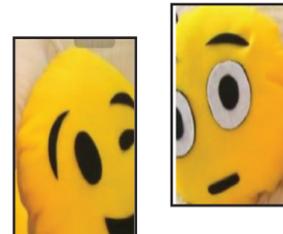
Tuesday, October 4

4:00 - 5:00 p.m.

\$15

Park Elem., Art Room 151

Minimum: 5 Maximum: 16



Tie Blanket Ages 8-16

Join us in making your very own fleece blanket. This is a no-sew class. Fabric will be provided for you to choose from. All materials supplied.

Instructor: Melissa Goettl with Youth Opportunitites

Details

Tuesday, October 11

4:00 - 6:00 p.m.

\$26

Park Elem., Small Gym

Minimum: 5 Maximum: 16



Christmas Cookie Making Party Kidcreate Studio

(Ages 4-9)

Kids love decorating Christmas cookies! Moms hate it-what a mess!! Kidcreate to the rescue! We will work on multiple cookie-themed projects, including decorating real cookies. This is art the kids can eat! Please pack a nut free snack and drink for your child.

Details

Friday, December 23

1:00 - 4:00 p.m.

\$30

Le Sueur-Henderson HS/MS, Room 101

Minimum: 7 Maximum: 15



Marvelously Messy Art Camp Kidcreate Studio

(Ages 4-9)

Hey kids, do you love to get messy? Then this is the art camp for you! We'll use clay, paper mache, paint and more simply sloppy supplies to make projects your mom would never let you do at home! We'll become masters at making a mess, learn some pretty cool stuff - and have lots of fun while doing it! Making a mess is the best!

Please pack a nut free snack, lunch and drink for your child.

Details

Thursday, December 29

10:00 a.m. - 3:00 p.m.

\$56

Hilltop Elem. Commons

Minimum: 7 Maximum: 15



Finding Dory Art Class Kidcreate Studio (Ages 4-9)

Dive right into 3D art! During this class, your child will create a 3D ocean themed diorama along with a 3D clay sculpture of their favorite fish friend from Disney's movie Finding Dory. Dory and Nemo would love this class! Please pack a nut free snack and drink for your child.

Details

Friday, December 23

9:00 a.m. - 12:00 p.m.

\$30

Le Sueur-Henderson HS/MS, Art Room 126

Minimum: 7 Maximum: 15



Beyond Pokémon Art Class Kidcreate Studio (Ages 5-12)

Is your child going crazy for Pokémon Go? In this class, your child will put their Pokémon Go skills to work as they create Pokémon inspired art. The kids will work with a variety of art materials as they make their own trading cards, Pokémon balls, a Pokémon-inspired creature and a map of its habitat! Please pack a nut free snack, lunch and drink for your child.

Details

Friday, October 21

10:00 a.m. - 3:00 p.m.

\$56

LSH High/Middle School, Art Room 126

Minimum: 7 Maximum: 20



Youth & Ice Arena



TAEKWONDO

Age 4 and older!



Are you looking to improve your cardio, increase strength and overall self-confidence?

Then come join us on Monday evenings at the Le Sueur Community Center! Andrew Richardson, Chief Instructor and Owner of Richardson's ATA Family Martial Arts will lead his students through classes consisting of Traditional Taekwondo forms, self-defense and a cardio/strength training workout.

Class Offerings:

Options	Days	Times	Cost	Location
1 Night	Thursdays	6:30-7:15pm	\$50.00	Le Sueur Community Center 821 E Ferry St.
2 Nights	Wednesdays Thursdays	6:30 - 7:30pm 6:30 - 7:30pm	\$80.00	777 Enterprise Drive Belle Plaine, MN Le Sueur Community Center 821 E Ferry St.



OUTDOOR ICE RINK The outdoor rink is located on North 6th street behind the outdoor pool. Hours of the rink are approximately 8 am - 10 pm. There is no supervision on site. We recommend that parents/guardians supervise your skaters

OUTDOOR RINK WARMING HOUSE:

The key for the warming house can be checked out at the Le Sueur Community Center with a \$10.00 deposit, which will be refunded with the return of the key.

Our ice goes in October 1st

Open Skate and Open Hockey times will be posted on our website: www.CityofLeSueur.com

OPEN SKATE & OPEN HOCKEY at Indoor Rink

FREE for Members, Daily admission for Non-Members

WE OFFER ADULT OPEN SKATE EVERY MONDAY & THURSDAY FROM NOON-1 PM along with various times during the evenings and weekends. Open Skate is also offered on non-school days. Schedules may change occasionally without notice.

Monthly schedules for the indoor rink are available at the front lobby of the Community Center and on our website: www.cityoflesueur.com.



Bulldog Youth Hockey

Want to learn more about youth hockey opportunities in the area?

Try Hockey For Free Events – Not sure if your child will like hockey, attend a Try Hockey For Free clinic to give it a try.

Girls Try Hockey For Free – Saturday, October 8th at 3:00pm

Boys & Girls Try Hockey For Free – Sunday, October 9th at 1:00pm

Specific times and registration information for these events will be posted on www.bulldoghockey.org.

Register your child for the 2016-2017 season.

Register online at www.bulldoghockey.org.

COME JOIN IN THE FUN!

For more information visit www.bulldoghockey.org or contact Juli Sowder at juli@bulldoghockey.org or 507-380-2008.

ADULT HOCKEY LEAGUE

Day: Wednesdays evenings
November - February

Time: 7:00 – 10:00 pm

Starts November 2nd

Contact: Taylor Stockwell
507-665-2137

LE SUEUR COMMUNITY CENTER

DAILY FEES & MEMBERSHIP RATES

Daily Fees	Residents	Non-residents
Adults (19-59 Years)	\$4.25	\$4.50
Senior Citizens (60+)	\$3.50	\$4.00
Students (18 & under)	\$3.50	\$4.00
Class Walk in fee	\$6.50	\$6.50

MEMBERSHIP DRIVE IN DECEMBER!

Buy a Membership anytime during the month of December and save:

10% off a Year Membership or 5% off a 3 Month Membership

Offer good on New or Expired Memberships only

Membership Rates	1 Month Trial	Quarterly	Yearly	Auto-Withdrawal
	(\$5 ea. Card Deposit)	(3 months)	(12 months)	(Must keep 6+ mos.)
Family				
Resident	\$50.93	\$136.50	\$425.25	\$36.49
Non-resident	\$61.12	\$163.80	\$510.03	\$43.50
Adult				
Resident	\$26.25	\$78.75	\$267.75	\$23.36
Non-resident	\$31.50	\$94.50	\$321.30	\$27.78
Student & Seniors (60+)				
Resident	\$23.63	\$61.95	\$189.00	\$16.80
Non-resident	\$28.36	\$74.34	\$228.80	\$20.07
Adult Single Plus 1 (Family members living in same house, child, spouse, brother, sister, significant other, grandparent, etc)				
Resident	\$32.06	\$95.29	\$288.80	\$25.06
Non-resident	\$38.47	\$114.35	\$346.56	\$29.88
Student & Seniors (60+) Plus 1 (Student and/or Senior Family members living in the same house)				
Resident	\$28.60	\$75.96	\$228.70	\$20.06
Non-resident	\$34.32	\$91.15	\$274.44	\$23.87

SAVE ON YOUR MEMBERSHIP with Insurance Fitness Programs!

To learn more about the insurance fitness programs at the Community Center call 507-665-3325 between the hours of 8 am - 4 pm, Monday - Friday. Call the phone number on the back of your insurance card to find out if they offer a fitness program.



Silver&Fit®



Fit ChoicesSM by MEDICA®



BlueCross BlueShield of Minnesota

An independent licensee of the Blue Cross and Blue Shield Association

Adult

Who Do You Think You Are?

Do you fear you will not find or fulfill your life purpose? Do you long to find that “sweet spot” in your life? Do you feel trapped in life, unable to move ahead in doing what you “really” want to do? Come join us for an evening of inspiration and encouragement in finding that part of you that makes you “come alive.” Unveil the secret source of your joy and fulfilled life. It’s time to stop dreaming and start living your dreams! It’s time to discover who you are and start living your destiny... TODAY!

Instructor, Kris Langworthy, with The Hokey Pokey Clinic; Get Empowered! Live the Dance!

Details

Thursday, October 6

7:00 - 8:30 p.m.

St. Peter, Community Center, Room 102

\$28

*Minimum: 6, Maximum: 75
Registrations close on Sept. 29*



Self Care for Caregivers

Calling caregivers of every variety! Are you a mom, grandparent, teacher, nurse, childcare worker, office manager, etc? Caregiving can be a rewarding, yet sometimes draining experience, unless you establish effective habits and routines of re-freshing and re-charging. Take some time to invest in your ability to be the best caregiver you can be. Join us for a short evening discussion and be encouraged by spending some time with others who understand your stress. Learn the personal cost of neglecting your own care and how you can avoid it. Learn why you MUST take the time to refuel! We will also review ways to implement some simple, inexpensive and yet very effective ways to recharge your personal “battery,” so that you can better care for the ones you love. If you don’t do it for yourself, then do it for the ones you love. You are worth it!

Instructor, Kris Langworthy, with The Hokey Pokey Clinic; Get Empowered! Live the Dance!

Details

Thursday, November 17

7:00 - 8:30 p.m.

St. Peter, Community Center, Room 217

\$28

*Minimum: 6, Maximum: 75
Registrations close on Nov. 10*



Fabric Flowers

Teen - Adult

Join us in the fun of turning old fabric scraps into flowers.

Flowers can be added to anything — shirts, totes, belts, gift wrapping, wreaths, headbands and much more.

No sewing skills needed. You can use a hot glue gun if you prefer.

What you need to bring:

Sharp needles, sewing thread (white or black will be most useful, though you’re welcome to bring colored thread too), fabric scissors, a small ruler (8”12” will be sufficient). Hot glue gun, if desired.

Fabric will be supplied but please bring fabric scraps, if you have some. Some extra items will be supplied to personalize your flowers.

Instructor: Nancy Haas a MNCS staff member.

Details

Thursday, October 6

6:30 p.m. - 8:00 p.m.

MNCS Elementary, 208 North 8th Street, Henderson

\$18

*Minimum: 4, Maximum: 10
Registrations close on Sept. 29*



Essential Oils and Your Pets

Animals experience pain, tension and anxiety just like people do. Join Dr. Ricci in exploring the many medicinal properties of Essential Oils and how they can help your pet live a happy healthy life.

Do not bring your pets to class.

Instructor: Dr. Ricci from Belle Plaine Animal Pet Hospital.

Details

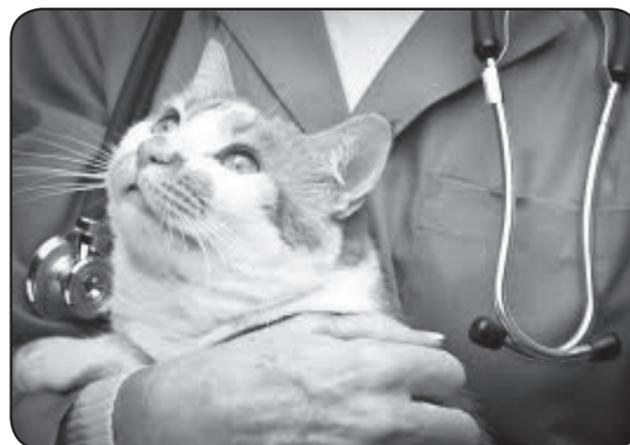
Wednesday, October 26

7:00 - 8:30 p.m.

Le Sueur-Henderson High School, Room 102

\$20

*Minimum: 10, Maximum: 30
Registrations close on Oct. 19*



C.A.R.E. Event (County Area Resources for Everyone)

“What’s New in Medicare for 2017” Learn about changes and updated news in Medicare for 2017. November 15 at 2 or 6 p.m. Robin Thompson, Senior Outreach Specialist with the Minnesota River Area Agency on Aging® Inc. will be the speaker. The presentation will be held at the Arlington Community Center, Arlington. Pre-registration is not necessary. Please call Sibley County Human Services at 507-237-4000 if you have questions.

Adult

Senior Expo

Thursday, October 20

9:00 - 11:00 a.m.

Le Sueur-Henderson High/Middle School, Commons Area

FREE

Join us for.....

*Vendors,
Guest Speakers,
Presenters,
Demonstrations,
Refreshments and plenty of Fun!*



Sponsored by: City of Le Sueur Park and Recreation, Le Sueur Chamber of Commerce and
Le Sueur-Henderson Community Education.

Drop-In EXERCISE CLASSES for Adult Members No need to sign up, just come when you can!

SilverSneakers Classic

9:30 AM Mondays, Wednesdays & Fridays

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a SilverSneakers ball are offered for resistance. A chair is available if needed for seated or standing support.



SilverSneakers Circuit

8:15 AM Tuesdays & Thursdays

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper-body strength work with hand-held weights, elastic tubing with handles, and a SilverSneakers ball is alternated with low-impact aerobic choreography. A chair is used for standing support, stretching and relaxation exercises. Please note you will need to be able to stand for 30 minutes.



SilverSneakers Yoga

8:15 AM Mondays & Wednesdays

SilverSneakers Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.



Arthritis Foundation Aquatic Program

9:30 AM Tuesdays & Thursdays

A warm-water exercise program shown to reduce pain and improve overall health. Suitable for every fitness levels, the class is held in a friendly and supportive environment that encourages social interaction among participants.



Zumba Gold®

9:30 AM on Wednesdays

Active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong.



Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance!

Aqua Zumba

8:15 AM Fridays

HEAT UP THE POOL PARTY!! Jump into the latin-inspired, easy-to-follow, calorie-burning, dance-fitness party that makes working out a splash.



Adult



DEEP WATER AEROBICS

Brooke Casperson will lead you with energetic exercises that will strengthen and tone your whole body, and increase your flexibility. Also, the harder you work the more calories you burn. Floatation belts are provided, however, if you have your own, please bring it to class. Swimming ability is not required. Beginners are welcome. Class is for age 14 and up. So bring a friend and let's get started. If you cannot make both days, sign up for a half session and pay half price.

Days: Tuesdays & Thursdays
Sessions: Starting Tuesday, September 6, 2016
Times: 6:30-7:30 pm
Fee per session: \$23.00 Member / \$45.00 Non-member

New sessions starting every 6 weeks.

You can sign up at anytime during a session and we will pro-rate the fees for you.

WATER POLO

Water Polo is a great way to relieve the stress of the day and focus on Fun! It's a team thing; fun, challenging, and a great workout! Players are allowed to wear hydro belts if needed. Class is for teens and up.

No instructor, Coed, drop in class

Days: Mondays 6:00-7:00 pm

Fee: FREE for Members Daily fee for Non-Members



TREAD/SHRED

We know that sometimes the treadmill is your "go to" piece of equipment. We will take your traditional treadmill workout and make it really work for you. This class follows an interval format with alternating rounds of High Intensity Interval Training (HIIT) on the treadmill and strength exercises on the floor. Great for beginners and advanced students alike—take this class at your own level.

*Not a runner? Not a problem. You can always opt to walk your treadmill intervals.

Days: Mondays & Wednesdays
Sessions: Starting Monday, September 12, 2016
Times: 7:15-8:00am
Fee per session: \$25.00 Member / \$50.00 Non-member

New sessions starting every 6 weeks.

Limited to only 8 participants.

You can sign up at anytime during a session and we will prorate the fees for you.



CARDIO FITNESS TONING AEROBICS

Are you one who likes to move to the music? It's GREAT exercise!

Instructors, Jill Frank and Barb Schaffler will show you low or high impact moves to upbeat music. *Have fun while you get a great workout!*

Classes are in the gymnasium. Sign up at the front office.

Sessions: Sep./Oct., Nov./Dec., Jan/Feb., March/April

8 Week Sessions start every 2 months. Sign up anytime and we will prorate the fee.

Days & Times: Monday & Wednesday 5:30-6:30 p.m.
Saturday 8:30-9:30 am

Fees:	Per Session (2 mos)
8 classes (1X's/week)	\$14 Members/\$28 Non-Members
16 classes (2X's/week)	\$28 Members/\$56 Non-Members
24 classes (3X's/week)	\$42 Members/\$84 Non-Members



Trips

Austin Holiday Tea & Tour/Spam Museum

Start the holidays with a Happy Holiday Tour in Austin, MN.

10:00 a.m. Treat yourself to the Hormel Holiday Tea and Tour.

Discover the 1971 Hormel Historic Home stylishly decorated for Christmas. Enjoy a holiday tea menu along with holiday entertainment.

11:30 a.m. Enjoy exploring the one of a kind Nativity House.

Next we will enjoy exploring the one of a kind Nativity House where there are over 950 complete nativity scenes from over 42 countries.

12:15 p.m. Make it memorable by creating your own holiday ornament.

We will make it memorable by creating your own holiday ornament at the Austin ArtWorks Center.

1:30 p.m. Experience the brand new Spam Museum.

This tour is interactive, educational and fun for all ages.

2:45 p.m. Lunch (included) at Piggy Blues

Details

Friday, November 18

Depart: 8:00 a.m. Le Sueur, Pizza Ranch

Return: 5:30 – 5:45 p.m. Le Sueur

\$85 includes coach bus, all tours and lunch.

Registrations close on Nov. 4



Lunch Cruise & Trip to Treasure Island Casino

Enjoy a unique experience cruising the beautiful Mississippi River! Our 120 passenger cruise liner will take you on a relaxing two and a half hour tour down the Mississippi while you sit back and enjoy the sights. Lunch is River Cruise Buffet –Iceberg and romaine lettuce with sides of black olives, herb croutons, cherry tomatoes, cucumbers, shredded cheese and assorted dressings (Ranch, Bleu Cheese, Italian and French), Marinated Grilled Flank Steak, Roasted Chicken Breast with Creole Sauce, Herb Roasted Red Potatoes, Chef's Choice of Vegetables, Assorted Cookies, Beverages - Water, coffee & tea are included, Cash bar available. We will also have some time to explore or try your luck at Treasure Island Casino!

Details

Friday, October 7

Depart 8:00 a.m. Le Sueur Pizza Ranch

Return 4:45 p.m. (approx.)

\$65 (includes coach bus transportation, dinner & boat cruise)

Min 40 /Max 55

Registrations close on September 22

Rise Up, O Men at the Plymouth Playhouse

“Rise Up, O Men” is a brand new show featuring the men of the church and your favorite church basement ladies who serve them. As these hard-working farmers discuss their scrap lumber piles and the benefits of solder vs weld, they unintentionally disrupt the order of the kitchen. But that’s what happens when you let roosters in the hen house!

Details

Friday, October 28

Depart 5:15 p.m. Le Sueur Pizza Ranch

Return 11:10 p.m.

\$60 – includes coach bus and ticket.

Registrations close on Oct. 6.



Lunch at the MN Landscape Arboretum

Come join us for a fun afternoon at the MN Landscape Arboretum. We will enjoy a picnic lunch before we tour the gardens of the Arboretum. A 60 minute tram tour is available for an additional \$5 charge (NOT included in the registration fee).

Details

Monday, September 19

\$29

Elko New Market Public Library

Montgomery: City lot- Ash & 2nd St. SW

New Prague: old EconoFoods (104 4th Ave NW)

Registrations close on Sept. 12



Depart 10:15 a.m. pick-up

Return 4:15 p.m.

Depart 10:45 a.m. pick-up

Return 3:45 p.m.

Depart 11:00 a.m. pick-up

Return 3:30 p.m.

Daytrippers Theatre Presents “Greetings”

Join us for a fun filled afternoon starting with a luncheon and concluding with a holiday comedy! A Christmas family gathering is thrown into chaos when Andy brings his fiancée home for the holidays. A wise and witty spirit works a miracle through Andy’s brother, giving a joyful message of the Christmas spirit.

Details

Wednesday, November 30

\$64 (Includes coach bus transportation, lunch and excellent seats at the show.)

Montgomery: City lot- Ash & 2nd St. SW

Depart 10:30 a.m. pick-up

Return 4:35 p.m.

New Prague: old Econofoods (104 4th Ave NW)

Depart 10:45 a.m. pick-up

Return 4:20 p.m.

Elko New Market, Public Library

Depart 11:05 a.m. pick-up

Return 4:00 p.m.

Registrations close on Nov. 23



Adult Basic Ed



Adult Basic Education 2016 Class Schedule

Area Adult Learning Cooperative AALC
Office located 706 Turril Street, Le Sueur, MN 56058
Program Coordinator—Becki Hawkins

Phone: 507- 665-4626 Fax: 507-665-4187 E-Mail: rhawkins@isd2397.org

Classes run from September 12 - June 30, 2017. Start Anytime!

AREA ADULT LEARNING COOPERATIVE

The Area Adult Learning Cooperative offers these programs in the Le Sueur-Henderson area:

ABE (Adult Basic Education): Brush up on reading, academic, vocational or computer skills.

GED (General Educational Development): Prepare for the GED examination, which consists of 4 tests: Social Studies, Science, Reasoning Through Language Arts and Mathematical Reasoning.

ESL (English As A Second Language & Citizenship): Learn to speak, read, and write in English and/or become citizens of the United States.

High School Diploma Work on your own pace to earn your high school diploma. *Must pre-register.* See Adult Diploma Completion page for more information.

(State Standard Adult High School Diploma competency based rather than credit based; call for more information) Must pre-register.

Las clases de Ingles Como Lengua Secundaria son disenadas para aprender y proporcionan la instruccion necesaria desde habilidades de supervivencia hasta educacion basica para adultos

CLASSES run from Sept. 12 - June 30, 2017. START ANYTIME!

Le Sueur Schedule

Classes located at Ziebarth Learning Center
Conference Room, 706 Turril Street, Le Sueur (Use front door on north side (by flag pole.)

CLASSES	MON	TUES	WED	THURS	FRI
ABE/GED		9:00 a.m. - Noon Ziebarth		9:00 a.m. - Noon Ziebarth	
				4:00 - 8:00 p.m. Ziebarth	
ESL English/Second Language	9:00 a.m. - 1:00 p.m. Ziebarth		9:00 a.m. - 1:00 p.m. Ziebarth	6:00 - 8:00 p.m. Ziebarth	
Diploma		9:00 a.m. - Noon Ziebarth		9:00 a.m. - Noon Ziebarth	
		3:30 - 8:00 p.m. *Must pre-register Ziebarth		3:30 - 8:00 p.m. *Must pre-register Ziebarth	



"Like" us on Facebook for additional class information and resources.
"Le Sueur Area Adult Basic Education"

Other Offerings by the Area Adult Cooperative

397 Le Sueur

Mon. 10:00 a.m. - 1:00 p.m. ESL
Tues. 9:00 a.m. - Noon ABE/GED
4:00 - 8:00 p.m. Diploma Ind. Study
Wed. 10:00 a.m. - 1:00 p.m. ESL
Thurs. 9:00 a.m. - Noon ABE/GED/Diploma
4:00 - 8:00 p.m. ABE/GED
4:00 - 8:00 p.m. Diploma Study
6:00 - 8:00 p.m. ESL

@Ziebarth Learning Center 706 Turril St.
(Use front door by flag pole)

508 St. Peter

Mon. 8:30 - 11:00 a.m. ABE/GED
5:00 - 8:00 p.m. ABE/GED
Tues. 8:30 - 11:00 a.m. ESL
5:00 - 8:00 p.m. ABE/GED
Wed. 8:30 - 11:00 a.m. ABE/GED
5:00 - 8:00 p.m. ESL
Thurs. 8:30 - 11:00 a.m. ESL
4:00 - 8:00 p.m. Diploma
5:00 - 8:00 p.m. ABE/GED/ESL
Fri. 8:30 - 11:00 a.m. ESL
Sat. 10:00 a.m. - 1:00 p.m. ABE/GED/ESL

@St. Peter Community Center
Room 210, 600 South 5th Street

365 Gibbon-Fairfax-Winthrop

Tues. 9:00 a.m. - Noon ABE/GED/ESL
4:00 - 8:00 p.m. ABE/GED/ESL

@GFW High School in Winthrop
Second Floor - Use South Door

310 Sibley East

Mon. 5:30 - 8:00 p.m. ESL
Tues. 10:00 a.m. - 1:00 p.m. ESL
Wed. 10:00 - 1:00 p.m. ESL
Thurs. 2:00 - 3:00 p.m. ESL
5:30 - 8:00 p.m. GED

@Gaylord City Library

Mon. 3:30 - 5:00 p.m. ESL
Tues. 3:30 - 5:30 p.m. ESL
Wed. 3:30 - 5:30 p.m. ESL

@ Sibley East School-Arlington
Media Center 2nd floor

392 Le Center

Tues. 10:00 a.m. - 1:00 p.m. ESL
2:00 - 5:00 p.m. GED/Diploma
3:30 - 6:30 p.m. ESL

Thurs. 10:00 a.m. - 1:00 p.m. ESL
3:30 - 6:30 p.m. ESL
6:00 - 9:00 p.m. GED/Diploma

@TCU Le Center Primary Building

All Sites

Adult Diploma Credit Recovery Program.

Call for information: 507-665-4626

Adult Diploma Credit Recovery Program

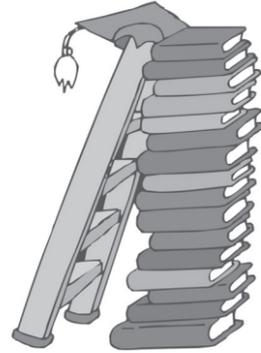
The Adult Diploma Credit Recovery Program will enable you to earn your high school diploma, and is a workable alternative to the GED. This program is an independent study program designed for learners age 16 or older who have either dropped out of high school and wish to return, or for learners who are in need of making up credits in order to graduate on time from high school. Meeting times are arranged to fit your schedule, and work is completed at your own pace. Instructional help from licensed instructors is arranged to meet your needs and schedule.

1. You are at least one year behind in obtaining credits for graduation.
2. You are pregnant or a parent.
3. You have been excluded or expelled from a traditional school system.
4. You have experienced mental health problems.
5. You have been assessed as chemically dependent.
6. You are a victim of physical or sexual abuse.
7. You have experienced homelessness in the past six months.
8. You speak English as a Second Language or have limited English proficiency.
9. Your high school principal is referring you for another reason.

- If you are still enrolled in high school, you will need a referral form from your school.
- If you are not enrolled in school, or over 21, you will need a copy of your school transcript.

If you are interested in this program, have a strong ability to work independently and feel that you meet one of the criteria listed above, please call Bill Hahne, Program Coordinator, at 507-665-4627, for more information about the program.

YOU MUST BE AT LEAST 16 YEARS OLD TO PARTICIPATE IN THIS PROGRAM.



Pathways to Healthcare FastTRAC classes.

In just 8 weeks you could be ready to begin college to train for a rewarding career in healthcare. FastTRAC is a free preparation course that will help you brush up on your reading, math or computer science skills, while exploring the exciting healthcare careers available in the region. Upon successful completion of the FastTRAC course, you will be prepared to begin South Central College's Basic Nursing program. Additional financial resources may be available to help cover the cost of your education.

To qualify to participate you must:

- *Be 17 or older and not enrolled in high school
- *Be legally eligible to work in the U.S.
- *Take the Test of Adult Basic Education with results indicating you are not academically prepared for college
- *Be physically and emotionally prepared to perform healthcare work
- *Complete a background study (\$20)
- *Commit to attending class and completing homework each week.

Classes will meet at Ziebarth Learning Centers Mondays and Wednesdays from 4:00 -7:00 p.m. starting October 24 - December 7. Call Becki at 507-665-4626 or information or to register.

New Minnesota State Standard Adult High School Diploma

In the 2014 Minnesota legislative session, a third option for adults needing a secondary credential was approved: a state standard adult high school diploma. This is different from a credit-based K-12 diploma; this new state adult high school diploma is competency-based. Please note: you must be age 19 or older to earn a diploma from this program.

Steps to enroll in the MN State Diploma program:

1. If your class has already graduated, obtain a copy of the high school transcript from the school most recently attended.
2. Referrals or transcripts can be faxed to: Attn: Becki Hawkins at 507-665-4187
3. Call 507-665-4626 to schedule an intake and assessment meeting so you can discuss your situation and determine which diploma option would be best for you.

Please call Becki @ 507-665-4626 if you have questions or for more information.

Le Sueur-Henderson Public School VOCATIONAL OPPORTUNITIES ANNUAL NOTIFICATION

Le Sueur-Henderson Public School District offers a variety of vocational opportunities through the Business Education, Industrial Technology and Family and Consumer Science Departments. The purpose of this notice is to inform students, parents, employees and the general public that these opportunities are offered regardless of race, color, national origin, sex or disability. Admission in the specific courses is determined by grade level, and in some cases, completion of prerequisite courses. The district has designated the following individuals to coordinate compliance with Section 504 of the Rehabilitation Act of 1973 and Title IX of the Education Amendments Act of 1972.

Section 504 Coordinator: Nicole Adams
901 E. Ferry St.,
Le Sueur, MN 56058
(507) 665-5803

Alternate Section 504 Coordinator: Stacy Carpenter
901 E. Ferry St.,
Le Sueur, MN 56058
(507) 665-5807

Title IX Coordinator: Brian Gersich
115-1/2 N. 5th St.
Le Sueur, MN 56058
(507) 665-4601

Alternate Title IX Coordinator: Dave Swanberg
901 E. Ferry St.,
Le Sueur, MN 56058
(507) 665-5804

A brief summary of the program offerings are as follows:

Program offerings include woods, technology, industrial technology/engineering and agricultural science

A link to the course descriptions is <http://isd2397hsms.sharpschool.net/home>

Registration

Le Sueur-Henderson Community Education Advisory Council

Ideas for future classes and activities may be directed to the advisory council members listed below:

Bill Floyd	Mary Frazier	Layne Wilbright
Brian Gersich	Paul Menne	Paula Scheffler
Becky Pollack	Bob Broeder	

Join the Community Education Advisory Council.

The Le Sueur-Henderson Community Education Advisory Council is the voice for the community and advises the community ed. staff and school board about future initiatives, directions, and or pertinent policies.

The Community Education Advisory Council of Le Sueur-Henderson Schools makes recommendations to the staff and school board on items pertaining to finance, programs, classes, policies, services, facilities, communication, community and philosophy.

The Community Education Advisory Council has openings for volunteers on the council. If you have an interest in representing the life-long learning opportunities in our school district, contact us at 665-4620.

**Community Center & Community Education
Registration Form**

Name _____	DOB _____	Class Name _____	Fee _____	PAYMENT
Name _____	DOB _____	Class Name _____	Fee _____	Office Staff
Name _____	DOB _____	Class Name _____	Fee _____	Cash _____
Name _____	DOB _____	Class Name _____	Fee _____	Ck # _____
Name _____	DOB _____	Class Name _____	Fee _____	CC _____
Name _____	DOB _____	Class Name _____	Fee _____	Date _____
Name _____	DOB _____	Class Name _____	Fee _____	Staff _____

T-Shirt if applicable YS___ YM___ YL___ YXL___ AS___ AM___ AL___ AXL___

Parent's Name (for child) _____ Home Phone _____

Cell # _____ Work # _____

Address _____ City _____ MN _____ Zip _____

Fee Enclosed: _____ Date _____ e-mail address _____

Liability: "In order to participate in this program or activity, I agree to hold Le Sueur-Henderson School District, ISD 2397, LSH Community Education and the City of Le Sueur Parks and Recreation Department, their assignees, officers, directors, agents, employees and other related parties harmless and I waive any right to make claims or lawsuits against them or for any injuries or damages related to any injuries sustained while participating in this program or activity, including injuries sustained do to their negligence. This waiver does not apply to any injuries or damages that are the result of any willful, wanton or intentional misconduct. My participation in this activity is voluntary and I understand the effect of this waiver on my legal rights. I also understand that pictures may be taken for newspapers, newsletters and other forms of publicity and I consent hereby to the use of those pictures in those forms."

Signature _____ Date _____

Registering with a credit card? Visa Master Discover # _____ Exp. _____

Signature _____ Date _____

- Make checks payable to City of Le Sueur, 821 East Ferry Street, Le Sueur, MN 56058
- Register online at www.cityofLeSueur.com or www.ISD2397.org
- Phone Com. Center 507-665-3325 or Com. Ed 507-665-4620 Fax at 507-665-2367 (credit card only)

LSH Community Education Kids' Club

Childcare for Pre-K to Grade 5

(Preschoolers must be enrolled in a preschool)

Before school
After school
2-hour late starts

Kids' Club offers a safe, supervised and fun environment for your school-aged children.

Morning hours 6:30 a.m. to 8:00 a.m. (School days only)

2-hour late start days 6:30 a.m. - 10:00 a.m.

Afternoon hours 3:00 p.m. - 6:00 p.m. (School days only)

Preschool hours before and after preschool.

Non School Days, if there is enough interest.

Held at Park Elementary. Busing available to and from Hilltop Elementary.

Time for homework, computer lab, outside time and gym time.

Call 665-4620 or stop at the Community Education Office at 821 East Ferry Street, Le Sueur to get an information packet and registration forms. Packets can also be downloaded on the school website at www.ISD2397.org





City of Le Sueur Parks & Recreation

ADOPT-A-PARK

The City of Le Sueur's Adopt-A-Park program is a public service program that encourages volunteers, with the assistance of the Parks and Recreation Department, to adopt a space or park in Le Sueur for regular maintenance and cleanups, including picking up litter and planting flowers. We strive to beautify city parks and create and promote neighborhood and community involvement. This program is suitable for community groups, businesses, churches, scout and 4-H groups, students and individual citizens.

Goals of the Adopt-A-Park Program:

- Reduce litter in parks
- Overall park beautification
- Enhancement of the environment
- Increase community pride

For more information about this program, including a list of parks available for adoption, please visit the Parks & Recreation page at: www.cityoflesueur.com.



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